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# The Rock<sup>TM</sup>

## Front Rest



-Instructions-

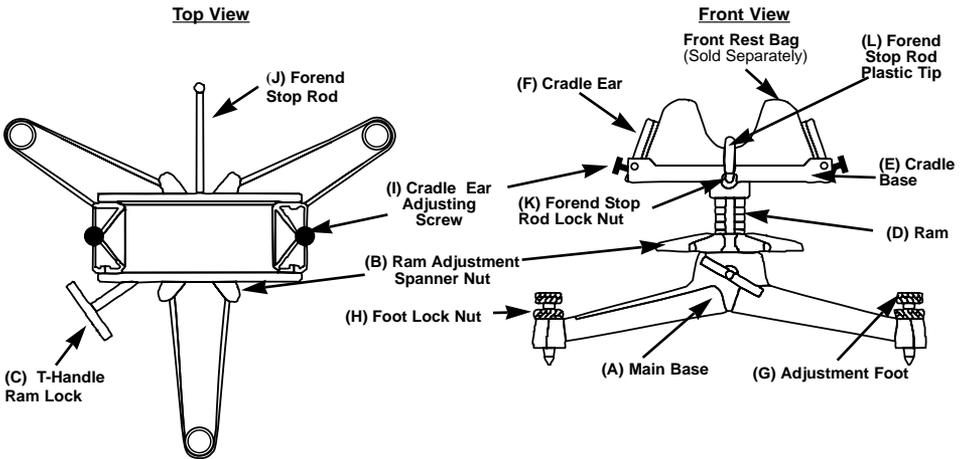
Thank you for purchasing Caldwell's The Rock™ Front Rest. We have designed this rest to provide professional features at an affordable price. It will provide you with a lifetime of reliability and shooting pleasure.

### Contents:

The Rock™ Front Rest package should contain the following:

- A. 1 blue main base
- B. 1 black ram adjustment spanner nut
- C. 1 black T-handle ram lock
- D. 1 ram
- E. 1 blue cradle base with (F) cradle ears on either side
- G. 3 adjustment feet with (H) foot lock nuts, and a plastic bag containing, (I) 2 cradle ear adjusting screws, (J) 1 black forend stop rod (bent at 90 degrees with threads on the long end)
- K. 1 forend stop rod lock nut
- L. 1 forend stop rod plastic tip.

### The Rock™ Front Bench Rest Illustration



### Assembly Instructions: (See illustration for specific item locations.)

The Rock™ Front Rest comes almost entirely assembled, follow the steps below to complete assembly.

1. Screw the cradle ear adjusting screws (I) into the holes found in the bottom center of the cradle ears (F).
2. Slip the black forend stop rod plastic tip (L) onto the short end of the forend stop rod (J).

3. Thread the forend stop rod lock nut (K) onto the long end of the forend stop rod.
4. Screw the forend stop rod into the hole in the cradle base. Align the forend stop rod so that the forend stop rod plastic tip is pointing upward, then tighten the forend stop rod lock nut.

#### **Filling/Mounting Front Rest Bag:**

1. Untuck the filling spout from the flap on the lower side of bag.
2. Use a funnel to pour filler through the spout until bag is full. If the spout is small, a tube such as an pen body will help hold it open during filling. **Note:** A leather bag will stretch over time; you may want to add more filler after the bag has seen some use. Caldwell recommend fine silica sand as filler.
3. Tuck the filling spout back into flap to seal bag.
4. Slip the four tie flaps through the slots in the cradle base. Tie flaps together using the laces provided with the bag. Laces may be trimmed or tucked under the tie flaps.

#### **Using The Rock™ Front Rest:**

1. Adjust each adjustment foot until the points protrude through the bottom of the legs.
2. Set the rest on the shooting table or bench with the forend stop rod pointing towards the target.
3. Place the rifle forend between the owl ears of the front rest bag so the forend of the stock rests against the forend stop rod plastic tip. If you have a rear bag, position it under the rear of the gun's buttstock so the toe of the buttstock overhangs by 1".
4. Loosen the T-handle ram lock and use the ram adjustment spanner nut to adjust the cradle base elevation so the rifle is lined up vertically with the target. Tighten the T-handle ram lock to lock cradle base height at this elevation.
5. Use the cradle ear adjusting screws to tighten the front rest bag against your rifle forend. Tighten the bag just enough to prevent side-to-side movement of the rifle forend. The rifle forend should still be able to easily slide forward and backward.
6. Point the rifle sight/scope at the target. To level the sight picture, loosen the lock nuts securing the foot adjusters on the two legs located to the left and right of the cradle). Raise or lower either adjustment foot until the target is level. When the target is level, tighten the foot lock nut.

7. For fine adjustments in elevation, either adjust your rear bag or the adjustment foot on the leg pointing towards the shooter.
8. Make sure all foot lock nuts are secure.

### **Recommended Accessories:**

#### Front Bags

- Sporter — 1-1/2" to 2" wide forends
- Varmint — 2" to 2-1/2" wide forends
- Benchrest — 2-1/2" to 3" wide forends

#### Rear Bag

### **Limited Warranty**

Every Caldwell product is warranted to be free of defects in materials and workmanship for a period of one (1) year from the date of original purchase. Caldwell will, at its option, repair or replace without charge, except for transportation costs, parts that fail under normal use and service when operated and maintained in accordance with our Instructions. This warranty does not apply to normal wear or to items whose life is dependent upon their use and care. This warranty is in lieu of all other warranties, expressed or implied and releases Caldwell, its affiliates, and its vendors from all other obligations and liabilities.

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